



Willow Health Food

&

Wellness Center

Homemade Laundry Soap

Make in a 5 Gallon bucket you can buy at Home Depot or Lowes.

INGREDIENTS:

Water

1 or 2 large bar(s) of soap (I use Fels Napha)

1 cup Borax

1 cup of Washing Soda (Sodium carbonate)

DIRECTIONS:

Grate the soap and place in a double boiler. Cover the grated soap with hot water and heat until the soap is melted into the water. This could take some time, so be patient.

When the soap is melted, put about one gallon of very hot water into the 5 gallon bucket. Stir in the melted soap, the borax and the washing soda. Stir until mixed thoroughly. Continue adding hot water to the mixture until you have approximately 5 gallons. Cover and the Laundry Soap is ready to use. As it sits overnight it will gel up. Use about 1 – 2 cups per wash load.

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